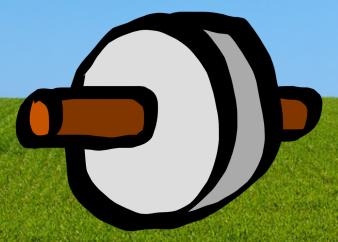


by Sydneyand Rachel





what's a wheel ????



Deconstruction

Tire removal

Brake pads

Spoke & nipples



Cleaning





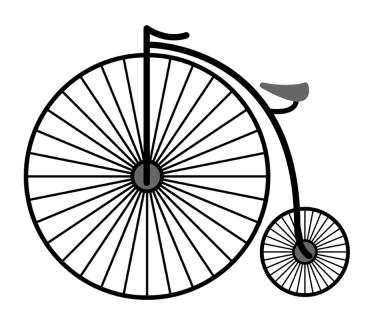


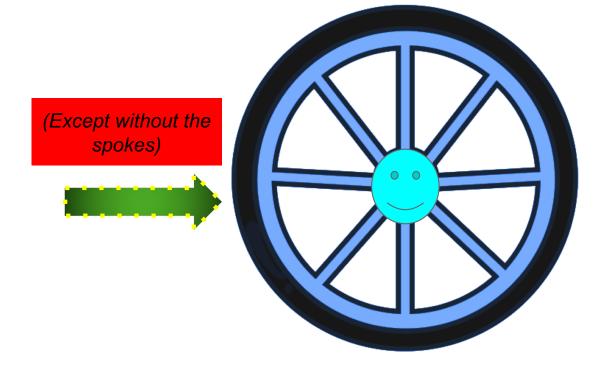


brute strength





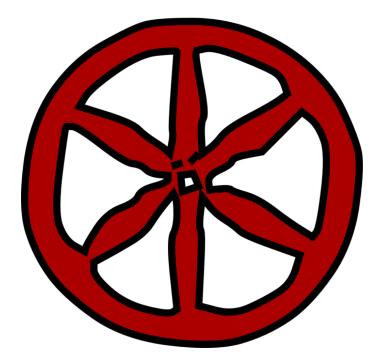




Hubs

- Brake assembly

- Why are they important?
- Suspension
- The process of truing a wheel



Tires (aka "tyres")

- Proper PRESSURE
- bouncing

Mudguards

- What do they do?
- Cleaning the mudguards

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RECONSTRUCTION!







v r o O M